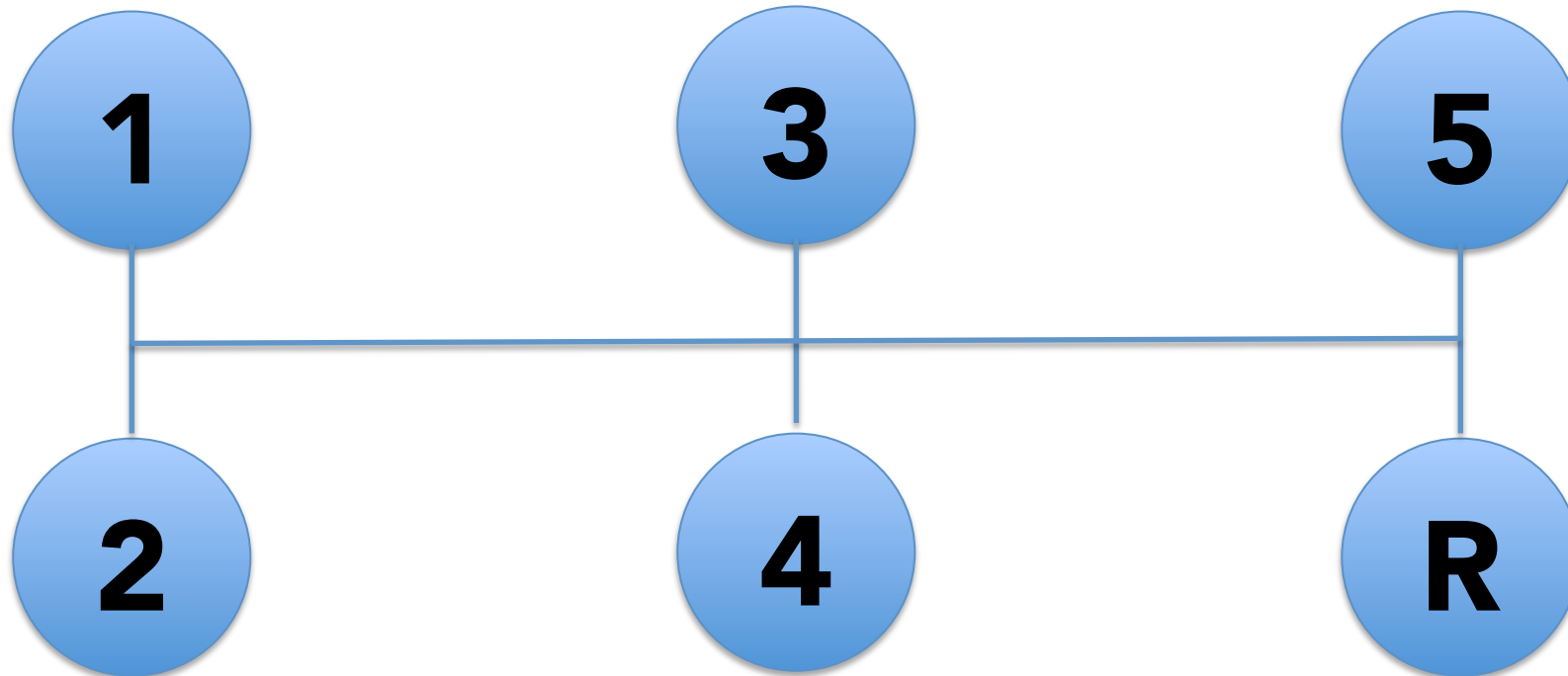


1st gear: clothes on, affectionate touch (holding hands, kissing, hugging)

3rd gear: playful touching which mixes genital and non-genital touching, clothed or unclothed, romantic or erotic dancing, touching in the bath or shower, on the couch or in bed, whole body massage, playing strip poker or Twister

5th gear: integrating pleasurable and erotic touch, which flows into intercourse



2nd gear: non-genital, sensual touch, which can be clothed, semi-clothed, or nude (non-genital body massage, cuddling on the couch, holding and caressing, touching going to sleep or on awakening)

4th gear: erotic touching (manual, oral, rubbing, or vibrator stimulation) to high arousal and orgasm for one or both partners

Reverse: declining, rebuffing or not responding to invitations to physical and sexual intimacy, pleasuring and eroticism