

Values list

	Not especially important to me	Quite important to me	Very important to me
Respect			
Tolerance			
Responsibility			
Faithfulness/fidelity			
Thoughtfulness			
Companionship			
Hope			
Love			
Patience			
Courage			
Care			
Appreciation			
Humility			
Honesty			
Simplicity			
Understanding			
Trust			
Co-operation			
Faith/spirituality			
Kindness			
Compassion			
Intelligence			
Making a contribution			
Creativity			
Curiosity			
Persistence			
Achievement			
Being non-judgemental			
Connectedness			
Commitment			