

# Companionship activities chart

Make a list together of 10 simple, inexpensive activities that you could do as a couple that would improve the relationship. Choose to do 1 or 2 each week and make a note of each day in which you do one of these activities together.

Simple, inexpensive activities we could do together that we would enjoy:	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							