

Aspects of intimacy: The anticipate-engage-appreciate model

THE PAST: OUR PERSONAL HISTORY

OUR SEXUAL and INTIMATE SELF - LIKING & WANTING

CIRCUMSTANCES

SELF

ANTICIPATING & CULTIVATING

INTERPERSONAL

CAPACITY TO CONSENT

ATTENTION & EROTICISM

FEELINGS & EMOTIONS

ENGAGING & DEEPENING

SENSATION & AROUSAL

ACTIONS & INTERACTIONS

APPRECIATING & EVALUATING

PEAK or SUFFICIENT PLEASURE

AFTER-PLAY

SATISFACTION

FEEDBACK

FORMING

ANTICIPATING

ENGAGING

APPRECIATING